

# Estabrook and Coleman Place Community News



7:00 P.M. – Oct. 20, Nov. 17, Dec. 15 (Undecided TBA)

3612 Robin Hood Road, Norfolk, VA 23513

*"Promoting the safety and welfare of the community"*

Website: [estabrookcivicleague.org](http://estabrookcivicleague.org)

## President's Message

Hello Neighbors,

I hope everyone is safe and healthy. For the past seven months, I have been cleaning my house of clutter and doing a lot of yard work besides making masks for my family and friends. My life has changed drastically as everyone else's.

Since my stroke I have been living a healthier life. I use more natural remedies and less medications which have side effects and causes damages to the body. I have been making healthy drinks called Kombucha. Kombucha is a fermented drink made from black tea, purified water and a SCOBY, which is good bacteria. Kombucha is a good body cleanser. If anyone would like to try this natural remedy, I would gladly start you off with the recipe and a SCOBY, it's an acronym for Symbiotic Culture of Bacteria and Yeast.

Kefir is another drink made from bacteria that I make. This is made with grains, spring water and organic sugar. I drink this instead of soda. I feel much better since drinking these two natural drinks.

My yard has increased with new life with more birds and butterflies. I enjoy sitting in my yard, feeding the birds, and watching the butterflies getting the nectar from my flowers. I am a gardener at heart and I am having a plentiful season with my two fig trees. My blueberries gave a good yield this year too.

In closing, I would like to inform the community that on Oct. 3, 2020 from 10:00 a.m. – 2:00 p.m. the City of Norfolk will be giving away free trees at Lafayette Park, 3500 Granby St.

Due to the current restrictions imposed by the governor, the Estabrook/Coleman Place Civic League will not be holding an Annual Yard Sale this year nor a Christmas Party. I hope to see a healthier you in the near future.

## MARK YOUR CALENDAR

### Happy Halloween

- Oct. 12 Columbus Day
- Oct. 31 Halloween
- Nov. 3 Election Day
- Nov. 11 Veterans Day
- Nov. 26 Thanksgiving
- Dec. 7 Pearl Harbor Day
- Dec. 10 Hanukkah begins
- Dec. 21 Winter Solstice
- Dec. 25 Christmas Day
- Dec. 31 New Year's Eve

## Happy Thanksgiving

### Street Sweeping

Oct. 8, Nov. 12, Dec. 10

2<sup>nd</sup> Thursday each Month

### Recycling Days

Oct. 2, 16, 30, Nov. 13, 27,

Dec. 11 & 25

*Merry Christmas  
To All our Friends*

**ADOPT-A-SPOT CLEAN UPS ARE BACK** after being halted by the City of Norfolk in March due to COVID-19. The next adopt a spot will be at 9:00 AM on Saturday, October 24, 2020. Volunteers will gather at the Estabrook Civic League building at 3612 Robin Hood Road for sign-in, supplies and instructions. The pick-up usually lasts an hour or less. Please wear your face mask and bring a pick-up stick if you have one. Hope to see you there!

**STREET SWEEPING IN NORFOLK HAS RESUMED.** The City of Norfolk halted street sweeping in March 2020 with the onset of COVID-19. This monthly service was resumed on July 14 for streets that have curbs and gutters. Keeping the street clean reduces pollution, allows for cleaner waters and keeps storm drains clear. Grass clippings, tree debris and limbs should be put into clear plastic bags for separate collection on garbage and recycling days. The City asks that vehicles be parked off-street on sweeping days. Parking Enforcement or street sweepers may issue parking citations with a fee of \$60 for vehicles blocking access to curbs. Street sweeping in Estabrook and Coleman Place is the 2<sup>nd</sup> Thursday of the month. The next sweepings will be October 8, November 12, and December 10, 2020.

**THE VIRGINIA SYMPHONY ORCHESTRA TURNS 100 YEARS OLD.** The VSO was founded in 1920 and began presenting concerts in 1921 under the title of The Norfolk Civic Symphony. In 1979, it merged with two other community orchestras to eventually become the Virginia Symphony Orchestra. The VSO stopped performing in March, 2020 due to COVID-19. The musicians, both full time and per service players were idled. Salaries were paid until the end of August. The musicians are now looking for jobs and opportunities to play. This scenario is happening within all nonprofit performing arts groups in the Norfolk area. The Virginia Stage Company, The Virginia Opera, Todd Rosenlieb Dance, Virginia Ballet Theatre and more. None of these groups has a performance schedule now. However, they still have a host of bills to pay: rent, staff, benefits, utilities and more. Please help them, if possible, with a much needed donation.

**FALL YARD CARE TIPS:** After such a brutally hot summer, it's time to think about getting your yard and garden cleaned up for winter to be ready for spring:

1. Rake or mulch leaves and other yard debris to allow grass to breathe, absorb water and feed on nutrients such as a phosphorous treatment.
2. Aerate soil by using a garden fork for small areas or a rented aerator for larger yards. This allows grass roots to absorb nutrients and moisture.
3. Sensitive plants may be wintered with a non plastic cloth to protect them from freezing temps and cold winds.
4. Remove tired vegetable plants and pesky weeds. This is a good time to mix compost into garden soil.
5. Now is a good time to prune dead branches from trees and shrubs. It's also a good time to clean out clogged gutters.

**CLEAN OUT AND CLEAN UP, NORFOLK!** Here's your chance to get rid of all the things you've cleaned out during these COVID months. The City of Norfolk is holding a drive-through drop-off for hard to dispose of items. The event will be held Saturday, November 14, 2020 at 201 East Little Creek Road at Norfolk Workforce Development FROM 9:00am-noon. You may also bring household hazardous waste as well as paper for secure shredding. Contact [knb@norfolk.gov](mailto:knb@norfolk.gov) to volunteer or for more information.

**2020 CENSUS – How much does the census matter?** Virginia loses out on \$20,000 for each person who goes uncounted. Be sure to take the 2020 Census. You can respond online, by phone, or by mail. Visit their website at: [2020census.gov](http://2020census.gov) to decide which method you want to use.



**BE SURE TO GET OUT AND  
VOTE ON TUESDAY, Nov. 3<sup>rd</sup>.  
EVERY VOTE COUNTS!**

**Norfolk Public Schools Grab-N-Go Free Meals to Every Student** – NPS is participating in the Community Eligibility Provision under the Healthy, Hunger-Free Act of 2010. A letter was sent out to each household that has a child enrolled in NPS. Grab-N-Go meals are being provided to NPS students for the first nine weeks of the school year that began the first day of school, Sept. 8. Any student and/or parent/guardian may pick up breakfast, lunch, snack and a hot supper Monday through Friday, FREE of charge from 3 p.m. to 5 p.m. NPS has 34 sites offering this program. The sites for our neighborhoods are: Sherwood Forest Elementary, Coleman Place Elementary, and Norview High School. For more information, visit Norfolk Public School website at [www.npsk12.com](http://www.npsk12.com).

**Coleman Place Elementary School Mobile Bookmobile** – Come out and see CPES staff/teachers as they drive through the CPES neighborhood with their Mobile Bookmobile every 1<sup>st</sup> and 3<sup>rd</sup> Thursday of the month from 4 p.m.-5 p.m. Stand at one of their Bookmobile stops and get a **FREE** book. The books are available for all ages (PreK-12). Gloves and masks will be worn by staff and residents. Bookmobile stops: Larkin St. Alder St., Nevada Ave. & Santos St., Cape Henry Ave. & Wyoming Ave., Grandy Ave. and Dana St., S. Cape Henry Ave. & Vincent Ave., Tait Terrace & Karen Marie Ct., and McNeal Ave. & S. Cape Henry Ave.

**Connect Norfolk – Public Wi-Fi Service Available 24/7 Near Norfolk City Facilities, Libraries and Schools** – Get connected around the city with ConnectNorfolk! Find 24/7 public Wi-Fi connections from parking lots and other spaces outside city facilities including Nauticus and Town Point Park as well as recreation centers, libraries, schools, even from buildings that remain closed for safety during the continuing COVID-19 pandemic. Residents can connect outside from their cars or in spaces nearby. Look for the Wi-Fi symbol in the parking lots and the ConnectNorfolk logo in windows. For more information and to find locations near you and throughout the city visit:

[www.norfolk.gov/ConnectNorfolkWi-Fi](http://www.norfolk.gov/ConnectNorfolkWi-Fi)

**Veterans Day** – American flags will be displayed in the median on Chesapeake Blvd. in observance of the Federal holiday, Veterans Day, on Wednesday, Nov. 22, 2020. The civic league displays them to show their respect to all veterans who served in all the branches of the services in the Hampton Roads area and our country.

## WELCOME To ESTABROOK/COLEMAN PLACE NEW HOMEOWNERS

John Szymczak – 2400 Blk. Spruce St.  
Spencer T. Zock – 3400 Blk. E. Bonner Dr.  
Timothy W. Kelly – 3700 Blk. Nottaway St.  
Preston Sandiford – 1500 Blk. Hemlock Ct.  
Amalie Wendelken – 3600 Blk. Orange St.  
Anne Smith – 2400 Blk. Hemlock St.  
Michaela Sanchez – 3700 Blk. Amherst. St.  
Kimberly Y. Henshaw – 3500 Blk. Chesapeake Blvd.  
Carlos Davis – 2300 Blk. Minnesota Ave.  
Shaquille A. Sanders – 2500 Blk. Nevada Ave.  
Vanessa Collado – 3600 Blk. Cape Henry Ave.  
Paura S. Marrero – 3600 Blk. Nottaway St.  
Andrew J. Howard – 3700 Blk. Buckingham St.  
Royce Calloway – 3700 Blk. Amherst St.  
Elda M. Soriano – 3700 Blk. Henrico St.  
David A. Brinkman II – 1500 Blk. Palmetto St.

William M. Johnston Jr. – 3600 Blk. Henrico St.  
Sheryl S. Allen – 3900 Blk. Krick St.  
Miquelle D. Fowler – 3900 Blk. Davis St.  
Jared Walker – 1500 Blk. Rush St.  
Abigail L. Gregory – 3400 Blk. Chesapeake Blvd.  
Sharon Biesenthal – 3600 Blk. Radford St.  
Ava N. Hockey – 2700 Blk. Overbrook Ave.  
Kimberly D. Norman – 2400 Blk. Palmetto St.  
Caleb M. Wooten – 3400 Blk. E. Bonner Dr.  
Tyler A. Lemke – 3500 Blk. Nottaway St.  
Blake Dunn – 3700 Blk. Amherst St.  
Chela M. Whitaker – 3900 Blk. Cape Henry Ave.  
Michael D. Heard – 2400 Blk. Alder St.  
Bryan J. Santos – 1500 Blk. Minnesota Ave.  
Joshua T. Harper – 2400 Blk. Birch St.  
Christopher D. Phelan Jr. – 3500 Blk. Orange St.

### Estabrook/Coleman Place Civic League



**3612 Robin Hood Rd., Norfolk VA 23513**

**Great information for new homeowners: [www.norfolk.gov](http://www.norfolk.gov)**

*"Home ownership is the cornerstone of a strong community."*

*Rick Renzi*



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**"Educating the mind without educating the heart is no education at all."**

**--Aristotle (384-322 BC)**



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**NORFOLK SHERIFF'S OFFICE**

**Joseph P. Baron**  
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[Joseph.baron@norfolk-sheriff.com](mailto:Joseph.baron@norfolk-sheriff.com)

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*"I am always doing what I cannot do yet, in order to learn how to do it."*

*--Vincent Van Gogh*

**CIVIC LEAGUE  
Membership Applications  
2020**

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Want to serve on a committee

Yes \_\_\_\_\_ No \_\_\_\_\_

Birthday: month \_\_\_\_\_ Day \_\_\_\_\_

Payment method:

Cash      Check # \_\_\_\_\_

ECL meeting are the third Tuesday of each month @ 7:00pm All welcome!

Dues are \$10 per year per adult. Send a SASE if you want your membership card mailed to you. Fill in the application form and mail your check to

**Estabrook/Coleman Place Civic  
League  
3612 Robin Hood Rd  
Norfolk, VA 23513**

**Officers for 2020**

**President: Carolyn Foca** 386-1160  
crffoca@earthlink.net

**Vice Pres.: Avis McCann** 855-9110  
avismccann@yahoo.com

**1<sup>st</sup> Vice Pres: Diane Lionetti**  
407-0100  
[H1128mygirl@yahoo.com](mailto:H1128mygirl@yahoo.com)

**2<sup>nd</sup> Vice Pres: Fred Gallup** 855-2642  
[Freddiethepenguin@aol.com](mailto:Freddiethepenguin@aol.com)

**Secretary: Janis Carney** 855-1783  
[Jkcarney@cox.net](mailto:Jkcarney@cox.net)

**Treasurer: Theresa Russell** 855-0404  
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**Police/Fire/EMS Emergency:** 911  
**Police Non-Emergency:** 441-5610  
**Community Resource Officer:**

F.E. Trojhan 390-0417

**NBN Neighborhood Specialist:**

Delk Koolman 664-4236

**3<sup>rd</sup> Patrol Division:** 823-4433

**Public Works:** 664-4600

**Code Enforcement :** 664-6510

**Environmental Help:** 683-2712

**Bulk Waste:** 441-5813

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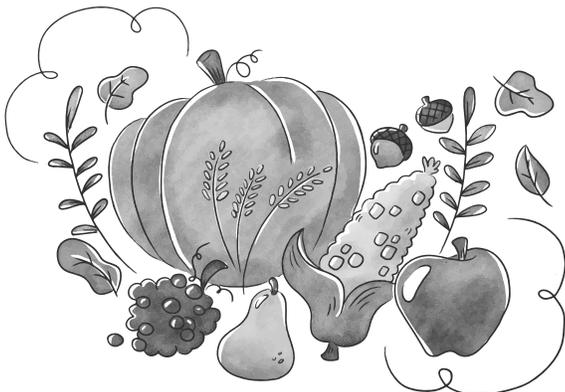
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